

Critical times for hand washing in the context of home-based care



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## **Counseling Card 1: Critical Times for Hand Washing in the Context of Home-Based Care**

Small doable actions for washing hands at critical times:

- 1. Use soap, ash, or sand for washing hands**
- 2. Wash hands at critical times: before eating, before cooking, after using the latrine, after cleaning a baby or an adult's bottom or cleaning the potty, before and after taking care of a sick person**